

THE FAMOUS (FROM COAST TO COAST) FUDGE FACTOR ESSAY

Due date: 3:00 PM Mon., 17 Mar. 08 (the date of the third midterm)

As promised in the syllabus, you have the opportunity to write an OPTIONAL short essay. It will only be read if your final grade is within 1 point of the next higher grade. If this occurs, and you've written the essay, **AND** it is exceptionally well-written and well-thought-out, you will receive the higher grade. Think about it and if you choose to do it, write the essay carefully, using only the space on this sheet of paper (both sides is OK). Please write legibly (or type)!

Read the section in your text on coronary heart disease (CHD) and stress (pp. 343-345) and evaluate the statement "Stress causes CHD". What is "CHD", what do you mean by "stress", and what do you mean by "causes"? What evidence is there for a causal relationship? Feel free to use any other parts of your text or lecture notes in your answer.