

Lecture 2 – January 9, 2008

I. Introduction

C. The emergence of health psychology

- 1. trends**
- 2. the founding of health psychology**
- 3. related disciplines**

D. The biopsychosocial model is a systems model

- 1. systems perspective**
- 2. relevance to health psychology**

II. Biological factors

A. Genetics

- 1. Importance to health/disease**
 - a. strong genetic basis to some diseases**
 - b. behavior influences gene expression**
 - c. inherited predispositions**
 - d. critical thinking**
- 2. What are genes?**

**READING: CH. 1, 15, 14 (pp. 400-411), web article
http://www.ncbi.nlm.nih.gov/About/primer/genetics_genome.html**