

Lecture 7 – January 30, 2008

III. Psychological factors

B. Stress and neuroendocrinology

- 1. What is stress?**
- 2. What things are stressful?**
 - a. characteristics of events**
 - b. classes of events**
 - c. chronic stress**

READING: Ch. 6, Ch. 2 (pp. 16-22)